

## **Phase Two Guidance**

### **Coronavirus 2019 (COVID-19) Guidance for Parks and Open Spaces**

During Phase Two, the public and businesses will be required to adopt new behaviors and rigorous safeguards to reduce risk for all. This guidance is intended for the public, employees and management of parks and open spaces during Phase Two. **The following measures should be implemented at parks and open spaces to help reduce the risk of COVID-19 transmission.** For additional information, visit <https://coronavirus.dc.gov/phasetwo>.

Please note that any individual experiencing symptoms of COVID-19, or recently exposed to someone diagnosed with COVID-19, should not work in or visit public places due to the risk of exposing others. Symptoms of COVID-19 may include: fever (subjective or 100.4 degrees Fahrenheit), chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or otherwise feeling unwell.

#### **During Phase Two, the following are open with safeguards:**

- Low to moderate contact sports may occur on a casual basis. There will be no field permits issued.
- Limited playgrounds, only if enhanced cleaning and sanitation can be followed.
- Public pools are open for swim lessons and lane swimming only.
- Public events of up to 50 people as social distancing allows.
- Club houses may reopen. Services offered in club houses should adhere to setting specific guidance that can be found at <https://coronavirus.dc.gov/healthguidance>.
- Phase 1 activities and spaces continue to be open with safeguards.

#### **Staff and Visitors Should Practice Everyday Prevention Measures**

- **Stay at home if you are sick** or you were recently exposed to someone with COVID-19.
- Practice social distancing. Keep 6 feet of distance between you and other people who are not in your household.
- Wear a cloth face covering when around other people who are not in your household.
  - Masks are not recommended for children under two and those who experience difficulty breathing with masks.
- Outdoor activities are preferred over indoor, however it is important to understand that **interacting with more people in any setting raises your risk**, so it is important to follow social distancing and cloth face covering recommendations.
- Bring your own water to minimize touching non-contactless water fountains.
- Perform frequent hand hygiene (with soap and water or alcohol-based hand sanitizer). Bring hand sanitizer with you from home.
  - Key times to perform hand hygiene include:
    - Before eating food,
    - After using the toilet,
    - Before and after putting on, touching, or removing cloth face coverings,
    - Before and after visiting playgrounds,
    - Before and after participating in activities or events, and
    - After blowing your nose, coughing, or sneezing.

### Considerations for Park or Facility Management

- Provide supplies to allow for frequent hand hygiene (e.g., soap and water or alcohol-based hand sanitizers with at least 60% alcohol) in employee and public areas.
- Provide staff with appropriate personal protective equipment (e.g., masks, gloves) and cloth face coverings.
- Gloves should be worn as indicated per routine job responsibilities.
- Display signage that encourages appropriate use of face coverings, social distancing and hand hygiene throughout the space.
- Display signage to remind visitors that **water playgrounds/splash parks and moderate-to-high contact community sports games remain closed.**
- Ensure that lifeguards who are actively lifeguarding are not also expected to monitor handwashing, use of cloth face coverings, or social distancing of others. Assign this monitoring responsibility to another staff member.
- Stagger shifts, start times, and break times as much as possible.
- Implement leave policies that are flexible and non-punitive, and allow sick employees to stay home.
  - Leave policies should also account for employees who need to stay home with their children if there are school or childcare closures, or to care for sick family members.
- Educate employees about COVID-19. Refer to <https://coronavirus.dc.gov/> for more information.
- **For additional information specific to Parks and Recreational Facilities**, see the Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/park-administrators.html>

### Avoid Close Contact and Reduce Touchpoints

- Monitor areas where people are likely to gather and consider temporary closure to support social distancing practices. These areas might include sports fields, playgrounds, skateparks, basketball courts, tennis courts, and picnic areas. In the event of facility closures, park administrators may place physical barriers in these areas and post signs communicating that the area is closed.
- Prohibit congregating and post signage reminding people not to gather in larger groups than allowed.
- Provide physical guides to ensure that people remain at least 6 feet apart while in the park. For example, markings on the ground, colored tape, or signs to indicate safe distances.
- **For public pools**, provide physical cues or guides (e.g., lane lines in the water or chairs and tables on the deck) to ensure that staff, patrons, and swimmers stay at least 6 feet apart from those they don't live with, both in and out of the water.
- **For playgrounds**, limit the number of individuals in the playground to maintain adequate social distancing.
  - Remind visitors to practice hand hygiene, including before and immediately after use of playgrounds or other shared recreational structures.
- Locker rooms (other than restrooms) should remain closed. Those associated with class B municipal pools may open when pools reopen with strict social distancing safeguards in place.
- Have patrons use every other stall for driving ranges at golf courses.
- Use contactless payment and waiver process. Prohibit the use of fingerprinting for verification of membership.

### Screen and Monitor for Symptoms

- Use health screenings (e.g., symptom questionnaires) for staff daily, prior to beginning work, over the phone or in person.
- Employees who report symptoms or testing positive for COVID-19 should not enter the premises.
- Post signage at entrances to inform staff of screening procedures and to inform staff and visitors not to enter if they feel sick.
- If an employee develops any symptoms of COVID-19 during the workday, there should be a plan in place for that individual to immediately isolate, notify their supervisor, and leave the facility.
- Maintain a daily record of individuals who attend public events and other planned activities for at least 30 days to facilitate contact tracing.

### Clean and Disinfect

- The facility should have a comprehensive plan for routinely cleaning and disinfecting common spaces and high-touch surface areas (e.g., handrails, doorknobs, light switches, restrooms).
- For playgrounds, play structures, and park equipment:
  - Any shared items (i.e., sporting equipment, training equipment) should be cleaned and disinfected in between uses.
  - Outdoor areas generally require normal routine cleaning and do not require disinfection (i.e., do not spray disinfectant on sidewalks, playgrounds, and in parks).
  - Maintain existing cleaning and hygiene practices for outdoor areas. Normal cleaning with soap and water will decrease the amount of the virus on surfaces and objects, which reduces the risk of exposure.
  - Cleaning and disinfection of wooden or porous surfaces (play structures, wooden benches, tables) or groundcovers (mulch, sand) is not recommended.
  - The following are additional recommendations for playgrounds:
    - Non-porous surfaces should be cleaned on an enhanced schedule. Specific attention should be given to high touch surfaces, such as grab bars and railings.
    - Personnel should inspect the equipment to make sure that it is dry before allowing use.
    - Shared playground equipment such as rubber balls, jump ropes, etc. should be cleaned after each use or removed from the playground
- Restrooms should:
  - Remain open with operational and functional toilets, and regularly stocked with supplies for handwashing, including soap and materials for drying hands.
  - Be cleaned and disinfected daily, or more often if possible (especially high-touch surface areas such as faucets, toilets, doorknobs, and light switches).
- Drinking fountains should be cleaned and disinfected.
- For more information about cleaning and disinfection in a community building and the disinfectants that are effective against the virus that causes COVID-19, see the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>.

### Facility Considerations

- If buildings were closed for an extended period of time, remember to check HVAC systems. Ensure all building and water features (e.g., drinking fountains, decorative fountains) are safe to use. For more information, see CDC's Guidance for Reopening Buildings after Prolonged Shutdown or Reduced Operation: [cdc.gov/coronavirus/2019-ncov/php/building-water-system.html](https://www.cdc.gov/coronavirus/2019-ncov/php/building-water-system.html).

### Establish a Plan for COVID-19 Exposure

- Establish a plan in the event that an employee or patron is diagnosed with COVID-19.
- Identify a point of contact at the establishment that an employee can notify if they test positive for COVID-19 and choose to disclose this information.
- If an individual develops any of the symptoms above during the workday, there should be a plan in place for that individual to immediately isolate, notify their supervisor, and leave the facility.
- If an employee chooses to report to the establishment that they are positive for COVID-19, the establishment should have a notification process to share the following with staff:
  - Education about COVID-19, including the signs and symptoms of COVID-19
  - Referral to the Guidance for Contacts of a Person Confirmed to have COVID-19, available at <https://coronavirus.dc.gov>
  - Information on options for COVID-19 testing in the District of Columbia, available at <https://coronavirus.dc.gov/testing>
- If an employee notifies the establishment they tested positive for COVID-19 **AND** the employee had extensive contact with patrons/visitors **OR** if a patron/visitor notifies the establishment they tested positive for COVID-19, then the establishment should notify DC Health by emailing [coronavirus@dc.gov](mailto:coronavirus@dc.gov) with the following information:
  - "COVID-19 Consult" in the email subject line
  - Name and direct phone number of the best point of contact at the establishment for DC Health to return the call
  - Estimated number of patrons/visitors potentially exposed
  - Short summary of incident/situation
- An investigator from DC Health will follow up within 48 hours to all appropriately submitted email inquiries.

The guidelines above will continue to be updated as the outbreak evolves. Please visit <https://coronavirus.dc.gov> regularly for the most current information.