### Where We Are Today

<table>
<thead>
<tr>
<th>Metric</th>
<th>Where we are today (data as of 9/7/20)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Community Spread</strong></td>
<td></td>
</tr>
<tr>
<td>Sustained decrease in community spread</td>
<td>Increasing trend</td>
</tr>
<tr>
<td>Low transmission rate (Rt)</td>
<td>$R_t = 0.80$</td>
</tr>
<tr>
<td><strong>Testing Capacity</strong></td>
<td></td>
</tr>
<tr>
<td>Low positivity rate</td>
<td>2.7%</td>
</tr>
<tr>
<td><strong>Health Care System Capacity</strong></td>
<td></td>
</tr>
<tr>
<td>Sufficient health care capacity without surge</td>
<td>73.3%</td>
</tr>
<tr>
<td><strong>Contact Tracing</strong></td>
<td></td>
</tr>
<tr>
<td>Make first contact attempt for new positive cases within 1 day of notification</td>
<td>98.8%</td>
</tr>
<tr>
<td>Make first contact attempt for close contacts of new positive cases within 2 days of identification</td>
<td>93%</td>
</tr>
<tr>
<td>Percent of positive cases from quarantined contacts</td>
<td>7.4%</td>
</tr>
</tbody>
</table>
An updated list of high-risk states will be posted on coronavirus.dc.gov/phasetwo on Monday, September 21.

On Tuesday, September 8, DC Health released the following list of high-risk states:

- Alabama
- Arkansas
- California
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- North Dakota
- Ohio
- Oklahoma
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Wisconsin

States that were added to the updated list include: Montana and Ohio.

States that were removed from the updated list include: Alaska and Arizona.
If you feel sick or believe you were exposed to COVID-19, call a doctor or health care provider.

If you are unable to get tested through your doctor or at a clinic, go to a public testing site.

coronavirus.dc.gov/testing
Last week, Apple and Google announced software that will assist with contact tracing in DC, Maryland, and Virginia.

DC residents will learn more about next steps at the end of September.
Lost Wages Assistance Program

Yesterday, the District’s application to participate in the Lost Wages Assistance Program was accepted.

An additional unemployment compensation benefit of $300 per week to eligible unemployment insurance recipients.

Payments will be retroactive to August 1, 2020.

Recipients will start receiving payments by the first week of October.
DC Government is reaching out to eligible families via email, phone, and text message to directly connect households with students enrolled in DCPS and public charter schools to Comcast’s Internet Essentials and RCN’s Internet First programs.

techtogetherdc.com/internetforall
Need tech support for your device?

Lost your student password?

Visit backtoschool.dc.gov or call 202-442-5885.
Additionally, the CDC recommends that everyone 6 months of age and older get their annual flu vaccine.
Join us next week for a fully virtual National Maternal and Infant Health Summit.

Rethinking Our Perspectives, Retooling Our Actions: A Life Course Approach to Improving Maternal and Infant Wellbeing
The summit kicks off on Tuesday, September 15 at 2:00 p.m. with a panel discussion on What We’ve Learned from COVID-19: The Pandemic’s Impact on Perinatal Health and Our Next Steps.

Mayor Bowser will be joined by:

- Dr. Anthony Fauci, Director, National Institute of Allergy and Infectious Diseases
- U.S. Representative Robin Kelly (IL-02)
- Dr. Aletha Maybank, Chief Health Equity Officer, American Medical Association
- Moderator: Errin Haines, Editor-at-Large, The 19th

Participants can sign up for 12 breakout sessions over the three days.
The health of women and families does not begin and end with pregnancy. Together, we can support moms and babies and build stronger, healthier families and communities.

dcmaternalhealth.com