

WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

NO



Practice good hygiene and take everyday precautions:

- Wash your hands.
- Don't touch your face, eyes, or mouth.
- Avoid sick people.

YES WITH SYMPTOMS



Contact your healthcare provider.



Stay home except to get medical care.*



Separate yourself from other people and animals in your home.*



Avoid sharing personal household items.



Practice good hygiene.

YES WITHOUT SYMPTOMS



Contact DC Health.



Stay home except to get medical care.*



Separate yourself from other people and animals in your home.*



Avoid sharing personal household items.



Practice good hygiene.

*For a period of 14 days from the date of direct exposure.