

CORONAVIRUS

(COVID-19)

Situational Update

Wednesday, July 8, 2020

[CORONAVIRUS.DC.GOV](https://coronavirus.dc.gov)

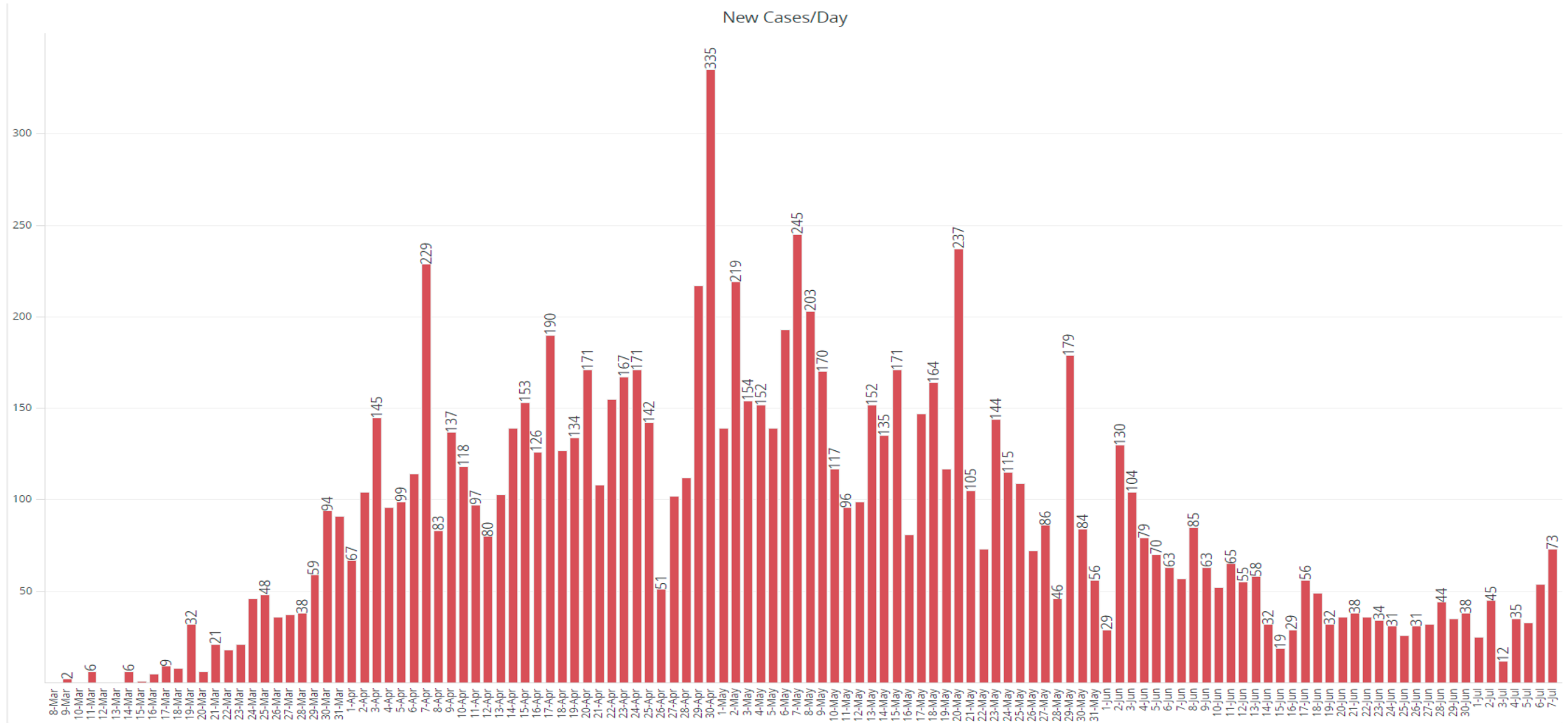


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DC MURIEL BOWSER, MAYOR

New Cases by Day

2

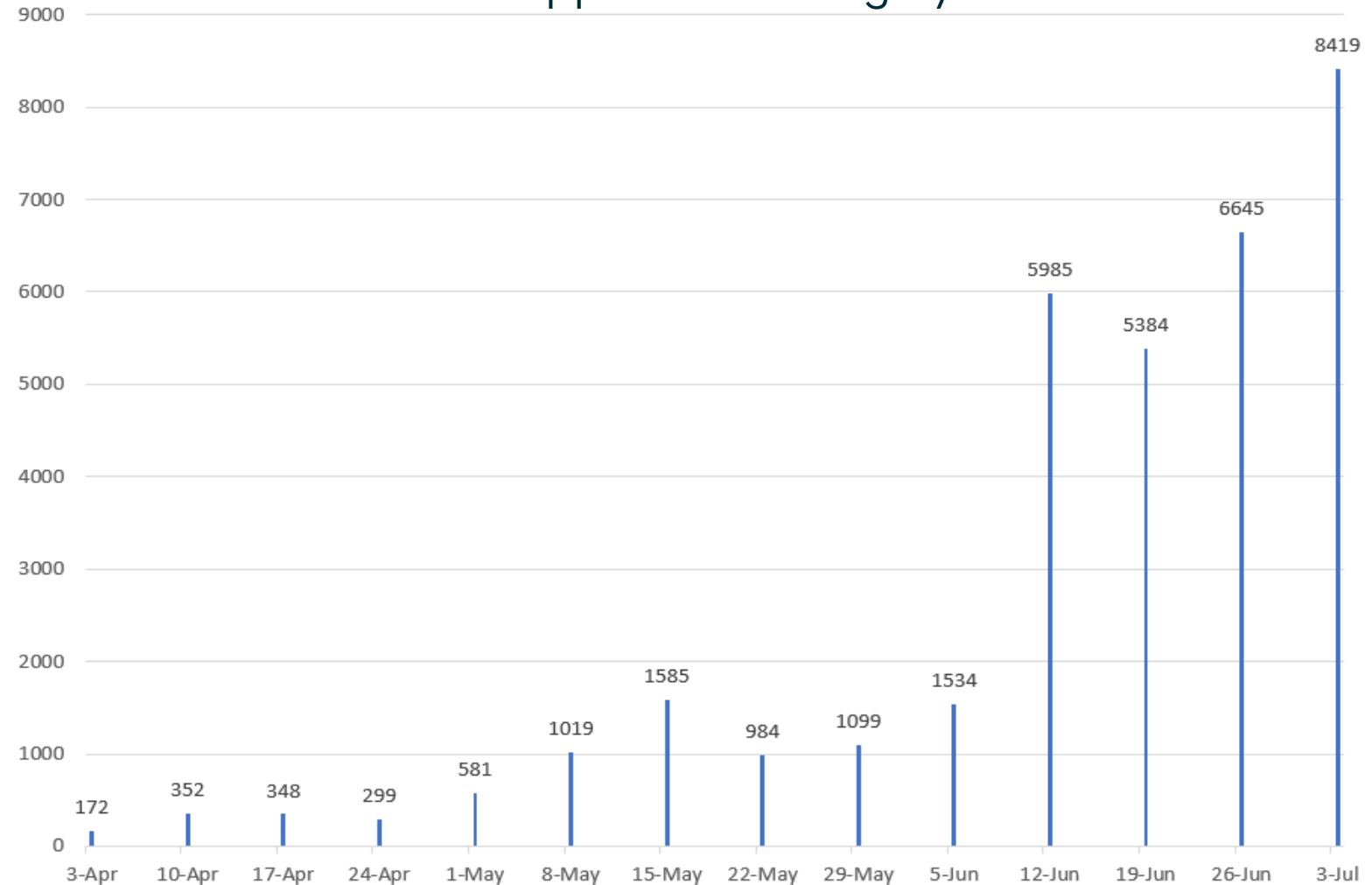


Need a test? Get a test.

3

If you
have any
symptom
or believe
you have
been
exposed to
the virus,
get tested.

District Supported Testing by Week



FREE ANTIBODY TESTING at two locations:

Canal Park:

200 L Street, SE

Takoma Recreation Center:

300 Van Buren Street, NW

By appointment only

Call **1-855-363-0333** to register for an antibody test.

Need a test? Get a test.

**NO
APPOINTMENT
NEEDED.**

**Save time in
line! Pre-
register at
securelink.dc.gov**

Monday, July 6	Tuesday, July 7	Wednesday, July 8	Thursday, July 9	Friday, July 10	Saturday, July 11
10:00 a.m. - 2:00 p.m. Judiciary Square F St., NW between 4th & 5th St., NW Anacostia 2241 Martin Luther King Jr. Ave., SE	10:00 a.m. - 2:00 p.m. Judiciary Square F St., NW between 4th & 5th St., NW UDC-CC Bertie Backus Campus 5171 South Dakota Ave., NE	10:00 a.m. - 2:00 p.m. Judiciary Square F St., NW between 4th & 5th St., NW Anacostia 2241 Martin Luther King Jr. Ave., SE	10:00 a.m. - 2:00 p.m. Judiciary Square F St., NW between 4th & 5th St., NW UDC-CC Bertie Backus Campus 5171 South Dakota Ave., NE	10:00 a.m. - 2:00 p.m. Judiciary Square F St., NW between 4th & 5th St., NW Anacostia 2241 Martin Luther King Jr. Ave., SE	10:00 a.m. - 4:00 p.m. Trinidad Recreation Center 1310 Childress St., NE IN PARTNERSHIP WITH CORE
10:00 a.m. - 4:00 p.m. Pennsylvania Baptist Church 3000 Pennsylvania Ave., SE	10:00 a.m. - 4:00 p.m. Trinidad Recreation Center 1310 Childress St., NE	10:00 a.m. - 4:00 p.m. Pennsylvania Baptist Church 3000 Pennsylvania Ave., SE	10:00 a.m. - 4:00 p.m. Trinidad Recreation Center 1310 Childress St., NE	10:00 a.m. - 4:00 p.m. Trinidad Recreation Center 1310 Childress St., NE	12:00 p.m. - 4:00 p.m. Engine 8 1520 C St., SE Engine 10 1342 Florida Ave., NE
IN PARTNERSHIP WITH CORE					
4:00 p.m. - 8:00 p.m. Engine 4 2531 Sherman Ave., NW Engine 11 3420 14th St., NW Engine 24 5101 Georgia Ave., NW Engine 31 4930 Connecticut Ave., NW	4:00 p.m. - 8:00 p.m. Engine 4 2531 Sherman Ave., NW Engine 11 3420 14th St., NW Engine 24 5101 Georgia Ave., NW Engine 31 4930 Connecticut Ave., NW	4:00 p.m. - 8:00 p.m. Engine 4 2531 Sherman Ave., NW Engine 11 3420 14th St., NW Engine 24 5101 Georgia Ave., NW Engine 31 4930 Connecticut Ave., NW	4:00 p.m. - 8:00 p.m. Engine 8 1520 C St., SE Engine 10 1342 Florida Ave., NE Engine 30 50 49th St., NE Engine 33 101 Atlantic St., SE	4:00 p.m. - 8:00 p.m. Engine 8 1520 C St., SE Engine 10 1342 Florida Ave., NE Engine 30 50 49th St., NE Engine 33 101 Atlantic St., SE	Engine 30 50 49th St., NE Engine 33 101 Atlantic St., SE



Your health must remain a priority. Hospitals are safe and doctors and nurses are ready and waiting to provide the care you need, when you need it.

All DC hospitals are ready and able to offer a full range of services and **safely provide high quality patient care.**



dcha.org/dontdelaycare

Health care providers have special processes in place to protect patients during emergencies and normal medical care. Providers have implemented a number of precautions to ensure a safe environment including the use of personal protective equipment and isolation practices.

In addition, hospitals are:

- Requiring the use of masks for all staff, patients, and visitors
- Screening for COVID-19 symptoms at entrances
- Increasing cleaning protocols, especially in frequently traveled areas
- Making hand sanitizers available throughout our hospitals
- Restricting visitors
- Practicing physical distancing



Before postponing or cancelling any health appointments or treatments, **contact your physician.**

If you are having symptoms that could possibly be an indicator of a medical emergency, such as chest pain, difficulty breathing, trouble lifting your arms, or weakness, doctors recommend calling 911 or visiting your nearest emergency department.



Delaying medical treatment could make your health situation worse and impact your ability to recover.

Accessing care can save your life.



American
Heart
Association®

**Heart attacks, strokes and
cardiac arrests don't stop
for COVID-19.**

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Heart Attack Symptoms

- **CHEST DISCOMFORT**

Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

- **DISCOMFORT IN OTHER AREAS OF THE UPPER BODY**

Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

- **SHORTNESS OF BREATH**

with or without chest discomfort.

- **OTHER SIGNS**

may include breaking out in a cold sweat, nausea or lightheadedness.

Stroke Symptoms

Spot a stroke **F.A.S.T.**

F

FACE DROOPING

Does one side of the face droop or is it numb? Ask the person to smile.

A

ARM WEAKNESS

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

S

SPEECH DIFFICULTY

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?

T

TIME TO CALL 9-1-1

If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.

COVID-19 and those at greatest risk of serious complications

- People with coronary heart disease or hypertension
- Stroke survivors
- People age 65+
- People with diabetes
- People with severe obesity (BMI of 40 or higher)
- People with serious chronic lung, kidney or liver conditions
- People with compromised immune systems



Do Your Part, DC



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